

4

Myths About Dog Harnesses



Myth #1

Harnesses cause pulling. This is simply not true, unless you are using a harness designed specifically for a pulling sport. Dogs pull for a lot of reasons:

- Over excitement, pent up energy, something interesting ahead
- Lack of training and not knowing what else to do
- Too short a leash and unrealistic expectations

Myth #2

You will never have control with a harness. A well fitted harness that is suited to your dog's body type is a very good option for keeping your dog safe and yes they do give you more control. Alternatively, "no-pull" harnesses don't really give you anymore control than a regular harness and are often designed to cause discomfort to the dog.



Myth #3

No pull harnesses are safe and harmless. Harnesses can be annoying to a dog, and depending on the design some can be more off putting than others. A harness that is not properly suited to or fitted properly can cause physical discomfort and become aversive. Harness that go over the head can be very off-putting to some dogs. Best practice is to do some harness acclimation first if your dog is a newbie to harnesses.

Myth #4

Harnesses are not harmful. A poorly fit and poorly designed harness can most certainly be harmful, especially if it restricts your dogs range of motion. Consider your dogs weight, size and body type. Harnesses should be snug, but not bunch up or cause an indentation in your dog's fur. You should be able to comfortably fit two fingers underneath the harness.



Harnesses we Recommend

Balance Blue 9
Rabbit Goo
Perfect Fit

Chai's Choice
Ruffwear Front Range
Freedom No Pull Harness

Truelove
Baumutt In Line No Pull Harness
Kurgo Tru-Fit Enhanced Strength